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NATIONAL ACADEMIES Sciences
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Young Wives Study

National level Dissemination Workshop

Factsheet: Front-line workers

About the study

The Young Wives (YW) study examines the influence of socio-cultural and gender norms on Family Planning (FP) among rural couples living in areas with higher prevalence of underage marriages, by studying the cultural ecologies of health that encompasses the interaction between cultural beliefs, practices, and environments and how they influence modern contraceptive use and childbearing. Focusing on wives aged 15-19, married for at least a year, it combines qualitative and quantitative methods. The sample consists of 1100 Young wives (559 in Godda and 541 in Ujjain), 436 Husbands (219 in Godda and 217 in Ujjain), 473 Mothers-in-law (256 in Godda and 217 in Ujjain) and 448 frontline health workers/community influencers (220 in Godda and 228 in Ujjain), ensuring diverse perspectives. Further, the study employs a triad approach for gathering household level data from wives, husbands, and MILs. FLWs and community influencers' perspectives have also been taken enriching the findings. Overall, the study provides contextual evidence that can support design of norms shifting interventions aimed at avoiding teenage pregnancy.

Table 1: Results for community influencers and FLWs

Indicators	Godda (N=220)		Ujjain (N=228)		Total (N=448)	
	n	%	n	%	n	%
Type of respondent						
ASHA	49	22.3	53	23.3	102	22.8
ANM	5	2.3	6	2.6	11	2.5
AWW	56	25.5	59	25.9	115	25.7
Active woman/Community mobilizer	38	17.3	3	1.3	41	9.2
Community resource person	2	0.9	0	0	2	0.5
Panchayat Pradhan	5	2.3	27	11.8	32	7.1
Panchayat/ward member	34	15.5	43	18.9	77	17.2
School teacher	9	4.1	7	3.1	16	3.6
Private tutor	0	0	2	0.9	2	0.5
RMP	7	3.2	2	0.9	9	2.01
Qualified doctor	0	0	1	0.4	1	0.2
Priest	0	0	2	0.9	2	0.5
ASHA's husband	0	0	2	0.9	2	0.5
NGO Peer educator	1	0.5	0	0	1	0.2
Local political leader	7	3.2	2	0.9	9	2.01
Any other	7	3.2	19	8.3	26	5.8
Sex						
Male	47	21.4	34	14.9	81	18.1
Female	173	78.6	194	85.1	367	81.9
Age						
19-29 years	54	24.6	33	14.5	87	19.4
30-39 years	75	34.1	78	34.2	153	34.2
40-49 years	56	25.5	67	29.4	123	27.5
50-59 years	26	11.8	45	19.7	71	15.9
60+ years	9	4.1	5	2.2	14	3.1
Religion						
Hindu	152	69.1	221	96.9	373	83.3
Muslim	32	14.6	6	2.6	38	8.5
Christian	22	10	0	0	22	4.9
Buddhist	1	0.5	0	0	1	0.2
Sarna	13	5.9	0	0	13	2.9
Jain	0	0	1	0.4	1	0.2
Caste						
SC	27	12.3	66	28.9	93	20.8
ST	50	22.7	10	4.4	60	13.4
OBC	122	55.5	87	38.2	209	46.7

General	21	9.6	65	28.5	86	19.2
Can read and write						
Yes	211	95.9	189	82.9	400	89.3
No	9	4.1	39	17.1	48	10.7
Formal education						
Primary	0	0	4	2.1	4	1
Secondary	17	8.1	40	21.2	57	14.3
Higher secondary	157	74.4	93	49.2	250	62.5
Higher education	37	17.5	52	27.5	89	22.3
Lives in the village						
Yes	207	94.1	211	92.5	418	93.3
No	13	5.9	17	7.5	30	6.7
Have personal mobile						
Yes	208	94.6	182	79.8	390	87.1
No	12	5.5	46	20.2	58	12.9
Type of phone						
Smartphone	150	72.1	146	80.2	296	75.9
Feature phone	20	9.6	7	3.9	27	6.9
Basic phone	38	18.3	29	15.9	67	17.2
Current marital status						
Married	215	97.7	220	96.5	435	97.1
Unmarried	5	2.3	8	3.5	13	2.9
Age of wife at marriage						
<15 years	3	6.5	4	11.8	7	8.8
15-18 years	21	45.7	16	47.1	37	46.3
19-21 years	15	32.6	10	29.4	25	31.3
22-30 years	7	15.2	4	11.8	11	13.8
Own age at marriage						
<15 years	25	11.6	51	23.2	76	17.5
15-18 years	111	51.6	100	45.5	211	48.5
19-21 years	37	17.2	36	16.4	73	16.8
22-40 years	40	18.6	33	15	73	16.8
Don't know	2	0.9	0	0	2	0.5
Number of children						
No children	12	5.5	11	4.8	23	5.1
1 child	21	9.6	34	14.9	55	12.3

2 children	59	26.8	105	46.1	164	36.6
3 children	72	32.7	52	22.8	124	27.7
More than 4 children	56	25.5	26	11.4	82	18.3
Months after marriage became pregnant for the first time						
Never became pregnant	6	3.5	8	4.1	14	3.8
Became pregnant before marriage	4	2.3	0	0	4	1.1
Became pregnant after marriage	163	94.2	186	95.9	349	95.1
Months after marriage wife became pregnant for the first time						
Never became pregnant	6	12.8	1	2.9	7	8.6
Became pregnant before marriage	2	4.3	0	0	2	2.5
Became pregnant after marriage	39	82.9	33	97.1	72	88.9
Information about village						
First visit by villagers during health problems						
RMP	162	73.6	165	72.4	327	73
Traditional healers	2	0.9	0	0	2	0.5
ASHA/AWW/ANM	11	5	15	6.6	26	5.8
Private doctor (MBBS/MD)	19	8.6	23	10.1	42	9.4
Depends on home remedies as much as possible	1	0.5	0	0	1	0.2
Other	25	11.4	23	10.1	48	10.7
No idea	0	0	2	0.9	2	0.5
Common health problems in the village						
Malaria	67	30.5	17	7.5	84	18.8
Brain malaria	11	5	0	0	11	2.5
Dengue	1	0.5	1	0.4	2	0.5
Cold/cough/fever	205	93.2	211	92.5	416	92.9
Kala Azar	25	11.4	0	0	25	5.6
Hatipaon/Filaria	30	13.6	1	0.4	31	6.9
Pneumonia	47	21.4	13	5.7	60	13.4
Jaundice/Pilia	10	4.6	4	1.8	14	3.1
Typhoid	73	33.2	12	5.3	85	18.9
Blood pressure	35	15.9	85	37.3	120	26.8
Blood sugar	42	19.1	83	36.4	125	27.9
Cancer	17	7.7	8	3.5	25	5.6
Any other	79	35.9	58	25.4	137	30.6
No idea	3	1.4	3	1.3	6	1.4
Advice Sought						
People come to you for seeking advice on health issues	164	74.6	137	60.1	301	67.2

People come to you for seeking advice on non-health issues such as family disputes, children's education, jobs, govt schemes, entitlements etc.	154	70	140	61.4	294	65.6
Ever given advice on family planning to anyone in this village or has anyone ever sought advice from you on family planning	158	71.8	135	59.2	293	65.4
Usually meet young newly married couples (either husband or wife or both) in this village	121	55	113	49.6	234	52.2
Young couples (either husband or wife or both) sought advice or suggestion on family planning	90	40.9	98	42.9	188	42
Family planning advice asked for						
About using a modern method	68	75.6	74	75.5	142	75.5
About the availability of a modern method	50	55.6	60	61.2	110	58.5
About any side effects of modern methods	26	28.9	20	20.4	46	24.5
About success of traditional methods	4	4.4	1	1.02	5	2.7
About STDs	0	0	2	2.04	2	1.1
About RTIs	3	3.3	3	3.06	6	3.2
About infertility or problems related to conceiving a child	2	2.2	1	1.02	3	1.6
About how they can delay first pregnancy	20	22.2	38	38.8	58	30.9
About how they can space between two births	51	56.7	55	56.1	106	56.4
About terminating a pregnancy	1	1.1	1	1.02	2	1.1
About how to have a male child	0	0	0	0	0	0
Any other	1	1.1	2	2.04	3	1.6
Story: Rani and Raju got married. She is 18 and wants to study further, in-laws want children						
Why do you think Rani's in-laws want her to become a mother soon after marriage?						
In-laws want to ensure that Rani is not infertile	80	36.4	36	15.8	116	25.9
In-laws are worried about others who may not like the delay	53	24.1	38	16.7	91	20.3
In-laws are worried late motherhood may create problem later in conception	80	36.4	86	37.7	166	37.1
Some elderly members may die before seeing their grandchild	108	49.1	126	55.3	234	52.2
If Rani becomes mother, she will have more attachment to the family	52	23.6	65	28.5	117	26.1
Rani will be more faithful to her husband	26	11.8	27	11.8	53	11.8
Others	30	13.6	34	14.9	64	14.3
Perception on what Rani should do						
Should honor her in-law's wish and try to become a mother	34	15.4	39	17.1	73	16.3
Should talk to them and convince them to complete her study	186	84.6	189	82.9	375	83.7

Rani's husband will support her decision to complete her studies and delay in pregnancy						
Yes	182	82.7	191	83.8	373	83.3
No	38	17.3	37	16.2	75	16.7
Perception on what Rani's own mother will ask Rani to do						
Ask her to follow her in-laws' wish	68	30.9	64	28.1	132	29.5
Encourage her to delay her first pregnancy	152	69.1	164	71.9	316	70.5
Family planning method Rani should use if she wants to delay her pregnancy and her in-laws support her decision						
Traditional	44	20	45	19.7	89	19.9
Modern	176	80	183	80.3	359	80.1
Modern methods of contraceptives are much better than traditional contraceptives						
Agree	117	53.2	119	52.2	236	52.7
Disagree	103	46.8	109	47.8	212	47.3
Reasons to agree						
Provide more protection	89	76.1	95	79.8	184	78
Easily available	37	31.6	34	28.6	71	30.1
Easy to use	49	41.9	44	36.9	93	39.4
One can use intermittently as per the need/ fashionable to use	31	26.5	20	16.8	51	21.6
Health workers and doctors always talk about it	10	8.6	10	8.4	20	8.5
ASHAs offer them for free	12	10.3	9	7.6	21	8.9
Others	2	1.7	5	4.2	7	2.9
Reasons to disagree						
Difficult to use	18	17.5	17	15.6	35	16.5
Not available easily	12	11.7	8	7.3	20	9.4
It has side effects	97	94.2	100	91.7	197	92.9
Very few in our community use modern method	6	5.8	5	4.6	11	5.2
Others	4	3.9	5	4.6	9	4.3
Proportion of FLWs who agree with the following statements:						
Newlywed couples with no children should use family planning to avoid or delay a preg- nancy	166	74.5	184	80.7	350	78.1
Women should not visit a health facility with- out their husband's permission	120	54.5	144	63.2	264	58.9
Women should never use family planning without their husband's permission	148	67.3	172	75.4	320	71.4
A man who lets his wife use contraception will lose control over her	44	20	36	15.8	80	17.9
A newlywed couple that does not want chil- dren right away is not normal	101	45.9	73	32.02	174	38.8

Only when a woman has a child, she becomes a real woman	151	68.6	154	67.5	305	68.1
If a woman wants to avoid pregnancy, it is her responsibility alone to prevent the pregnancy	22	10	16	7.02	38	8.5
Pregnancy at young age (before 18 years) may lead to several health complications	213	96.8	219	96.1	432	96.4
It is better to have more sons than daughters in a family	73	33.2	59	25.9	132	29.5
A couple should decide together how many children to have	215	97.7	224	98.3	439	98
It is okay if a married woman never wants to have a child	15	6.8	11	4.8	26	5.8
Proportion of FLWs who agree with the following statement						
Contraceptives may cause disabilities/birth defects in children						
Agree	35	15.9	45	19.7	80	17.9
Disagree	155	70.5	154	67.5	309	68.9
Don't know/Cant say	29	13.2	28	12.3	57	12.7
Never heard about contraceptive	1	0.5	1	0.4	2	0.5
Using contraceptives can cause a woman to be infertile						
Agree	40	18.2	57	25	97	21.7
Disagree	158	71.8	149	65.4	307	68.5
Don't know/Cant say	21	9.6	21	9.2	42	9.4
Never heard about contraceptive	1	0.5	1	0.4	2	0.5
An IUCD can move deep inside a woman and may hurt her						
Agree	105	47.7	129	56.6	234	52.2
Disagree	91	41.4	81	35.5	172	38.4
Don't know/Cant say	21	9.6	17	7.5	38	8.5
Never heard about contraceptive	3	1.4	1	0.4	4	0.9
Contraceptives are dangerous to women's health						
Agree	101	45.9	125	54.8	226	50.5
Disagree	106	48.2	98	42.9	204	45.5
Don't know/Cant say	12	5.5	4	1.8	16	3.6
Never heard about contraceptive	1	0.5	1	0.4	2	0.5
Using contraceptives before first birth causes infertility						
Agree	68	30.9	76	33.3	144	32.1
Disagree	132	60	131	57.5	263	58.7
Don't know/Cant say	19	8.6	20	8.8	39	8.7
Never heard about contraceptive	1	0.5	1	0.4	2	0.5
Regular contraceptive use can make men impotent						
Agree	37	16.8	45	19.7	82	18.3
Disagree	149	67.7	150	65.8	299	66.7
Don't know/Cant say	33	15	32	14.04	65	14.5

Never heard about contraceptive	1	0.5	1	0.4	2	0.5
Proportion of married women in their community who they think:						
~ use a modern contraceptive						
None	13	5.9	14	6.1	27	6.03
Some	108	49.1	89	39.0	197	43.9
Many	50	22.7	60	26.3	110	24.6
Most	14	6.4	22	9.7	36	8.04
No idea	35	15.9	43	18.9	78	17.4
~ can decide when they want to use contraception						
None	34	15.5	48	21.1	82	18.3
Some	106	48.2	100	43.9	206	45.9
Many	34	15.5	30	13.2	64	14.3
Most	7	3.2	5	2.2	12	2.7
No idea	39	17.7	45	19.7	84	18.8
~use a traditional contraceptive						
None	16	7.3	19	8.3	35	7.8
Some	111	50.5	108	47.4	219	48.9
Many	34	15.5	34	14.9	68	15.2
Most	9	4.1	11	4.8	20	4.5
No idea	50	22.7	56	24.6	106	23.7
Proportion of newlywed couples in their community who they think use a modern contraceptive						
None	55	25	44	19.3	99	22.1
Some	92	41.8	92	40.4	184	41.1
Many	17	7.7	26	11.4	43	9.6
Most	4	1.8	8	3.5	12	2.7
No idea	52	23.6	58	25.4	110	24.6
Proportion of MILs in their community who they think encourage young and newlywed couples to use a modern contraceptive						
None	92	41.8	97	42.5	189	42.2
Some	77	35	68	29.8	145	32.4
Many	9	4.1	7	3.1	16	3.6
Most	1	0.5	2	0.9	3	0.7
No idea	41	18.6	54	23.7	95	21.2
Proportion of FLWs who agree with the following statements about their community						
It is expected for newly married couples to have a child soon after marriage	189	85.9	184	80.7	373	83.3
It is expected for all married couples to have children	208	94.5	217	95.2	425	94.9
People feel a lot of pity for married couples who are unable to have children	209	95	218	95.6	427	95.3
People speak badly of married men who have not had a child after two or more years of marriage	168	76.4	149	65.4	317	70.8

People speak badly of married women who have not had a child after two or more years of marriage	202	91.8	187	82.0	389	86.8
People will think there are marital or health problems if a couple has not had a child after two or more years of marriage	211	95.9	217	95.2	428	95.5
It is unacceptable for couples to choose not to have child	185	84.1	195	85.5	380	84.8
It is common to ask married couples without a child when they will have children	184	83.6	189	82.9	373	83.3
Those women who do not give birth to a son are humiliated/disrespected	174	79.1	142	62.3	316	70.5

Table 2: Results for Frontline Workers

Indicators	Godda (N=148)		Ujjain (N=121)		Total (N=269)	
	n	%	n	%	n	%
Personal Information						
Type of respondent						
ASHA	49	33.1	53	43.8	102	37.9
ANM	5	3.4	6	4.9	11	4.1
AWW	56	37.8	59	48.8	115	42.8
Active woman/Community mobilizer	38	25.7	3	2.5	41	15.2
Age						
19-29 years	37	25	17	14.1	54	20.1
30-39 years	55	37.2	42	34.7	97	36.1
40-49 years	40	27	36	29.8	76	28.3
50-59 years	14	9.5	24	19.8	38	14.1
60+ years	2	1.4	2	1.7	4	1.5
Religion						
Hindu	102	68.9	116	95.9	218	81.1
Muslim	19	12.8	4	3.3	23	8.6
Christian	16	10.8	0	0	16	5.9
Buddhist	1	0.7	0	0	1	0.4
Sarna	10	6.8	0	0	10	3.7
Jain	0	0	1	0.8	1	0.4
Caste						
SC	20	13.5	38	31.4	58	21.6
ST	34	22.9	3	2.5	37	13.8
OBC	79	53.4	43	35.5	122	45.3
General	15	10.1	37	30.6	52	19.3
Can read and write						
Yes	147	99.3	116	95.9	263	97.8
No	1	0.7	5	4.1	6	2.2
Formal education						
Primary	0	0	1	0.9	1	0.4
Secondary	7	4.8	20	17.2	27	10.3
Higher secondary	119	80.9	64	55.2	183	69.6
Higher education	21	14.3	31	26.7	52	19.8

Lives in the village						
Yes	139	93.9	112	92.6	251	93.3
No	9	6.1	9	7.4	18	6.7
Have personal mobile						
Yes	142	95.9	116	95.9	258	95.9
No	6	4.1	5	4.1	11	4.1
Type of phone						
Smartphone	104	73.2	97	83.6	201	77.9
Feature phone	11	7.8	5	4.3	16	6.2
Basic phone	27	19	14	12.1	41	15.9
Own age at marriage						
<15 years	22	15.3	26	22.4	48	18.5
15-18 years	87	60.4	57	49.1	144	55.4
19-21 years	26	18.1	14	12.1	40	15.4
22-40 years	9	6.3	19	16.4	28	10.8
Don't know	0	0	0	0	0	0
Number of children						
No children	9	6.1	5	4.1	14	5.2
1 child	12	8.1	19	15.7	31	11.5
2 children	41	27.7	62	51.2	103	38.3
3 children	51	34.5	22	18.2	73	27.1
more than 4 children	35	23.7	13	10.7	48	17.8
Months after marriage become pregnant for the first time						
Never became pregnant	5	3.4	4	3.3	9	3.4
Became pregnant before marriage	2	1.4	0	0	2	0.8
Became pregnant after marriage	139	95.2	117	96.7	256	95.9
Information about village						
First visit by villagers during health problems						
RMP	113	76.4	83	68.6	196	72.9
Traditional healers	1	0.7	0	0	1	0.4
ASHA/AWW/ANM	9	6.1	12	9.9	21	7.8
Private doctor (MBBS/MD)	8	5.4	11	9.1	19	7.1
Depends on home remedies as much as possible	1	0.7	0	0	1	0.4
Other	16	10.8	15	12.4	31	11.5

Information about village						
First visit by villagers during health problems						
RMP	113	76.4	83	68.6	196	72.9
Traditional healers	1	0.7	0	0	1	0.4
ASHA/AWW/ANM	9	6.1	12	9.9	21	7.8
Private doctor (MBBS/MD)	8	5.4	11	9.1	19	7.1
Depends on home remedies as much as possible	1	0.7	0	0	1	0.4
Other	16	10.8	15	12.4	31	11.5
Common health problems in the village						
Malaria	40	27	10	8.3	50	18.6
Brain malaria	7	4.7	0	0	7	2.6
Dengue	0	0	0	0	0	0
Cold/cough/fever	138	93.2	111	91.7	249	92.6
Kala Azar	21	14.2	0	0	21	7.8
Hatipaon/Filaria	26	17.6	1	0.8	27	10.1
Pneumonia	41	27.7	11	9.1	52	19.3
Jaundice/Pilia	5	3.4	3	2.5	8	2.9
Typhoid	43	29.1	9	7.4	52	19.3
Blood pressure	26	17.6	53	43.8	79	29.4
Blood sugar	34	22.9	55	45.5	89	33.1
Cancer	13	8.8	6	4.9	19	7.1
Any other	69	46.6	45	37.2	114	42.4
No idea	0	0	0	0	0	0
Advice Sought						
People come to you for seeking advice on health issues	121	81.8	109	90.1	230	85.5
People come to you for seeking advice on non-health issues such as family disputes, children's education, jobs, govt schemes, entitlements etc.	98	66.2	84	69.4	182	67.7
Ever given advice on family planning to anyone in this village or has anyone ever sought advice from you on family planning	129	87.2	112	92.6	241	89.6
Usually meet young newly married couples (either husband or wife or both) in this village	101	68.2	100	82.6	201	74.7
Young couples (either husband or wife or both) sought advice or suggestion on family planning	76	51.4	92	76	168	62.5

Family planning advice asked for						
About using a modern method	62	81.6	69	75	131	77.9
About the availability of a modern method	47	61.8	59	64.1	106	63.1
About any side effects of modern methods	22	28.9	18	19.6	40	23.8
About success of traditional methods	4	5.3	1	1.1	5	2.9
About STDs	0	0	2	2.2	2	1.2
About RTIs	1	1.3	3	3.3	4	2.4
About infertility or problems related to conceiving a child	1	1.3	1	1.1	2	1.2
About how they can delay first pregnancy	17	22.4	36	39.1	53	31.6
About how they can space between two births	45	59.2	52	56.5	97	57.7
About terminating a pregnancy	1	1.3	1	1.1	2	1.2
About how to have a male child	0	0	0	0	0	0
Any other	1	1.3	2	2.2	3	1.8
Story: Rani and Raju got married. She is 18 and wants to study further, in-laws' want children						
Thoughts on the reasons Rani's in-laws want her to become a mother soon after marriage						
In-laws want to ensure that Rani is not infertile	57	38.5	22	18.2	79	29.4
In-laws are worried about others who may not like the delay	37	25	20	16.5	57	21.2
In-laws are worried late motherhood may create problem later in conception	63	42.6	51	42.2	114	42.4
Some elderly members may die before seeing their grandchild	70	47.3	73	60.3	143	53.2
If Rani becomes mother, she will have more attachment to the family	36	24.3	34	28.1	70	26
Rani will be more faithful to her husband	22	14.9	11	9.1	33	12.3
Others	21	14.2	14	11.6	35	13
Perception on what Rani should do						
Should honor her in-law's wish and try to become a mother	16	10.8	11	9.1	27	10.1
Should talk to them and convince them to complete her study	132	89.2	110	90.9	242	89.9
Rani's husband will support her decision to complete her studies and delay in pregnancy						
Yes	127	85.8	103	85.1	230	85.5
No	21	14.2	18	14.9	39	14.5
Perception on what Rani's own mother will ask Rani to do						
Ask her to follow her in-laws wish	32	21.6	21	17.4	53	19.7
Encourage her to delay her first pregnancy	116	78.4	100	82.6	216	80.3
Family planning methods Rani should use if she wants to delay her pregnancy and her in-laws support her decision						
Traditional	25	16.9	13	10.7	38	14.1
Modern	123	83.1	108	89.3	231	85.9

Modern methods of contraceptives are much better than traditional contraceptives						
Agree	73	49.3	72	59.5	145	53.9
Disagree	75	50.7	49	40.5	124	46.1
Reasons to agree						
Provide more protection	58	79.5	62	86.1	120	82.8
Easily available	13	17.8	16	22.2	29	20
Easy to use	31	42.5	29	40.3	60	41.4
One can use intermittently as per the need/ fashionable to use	25	34.3	12	16.7	37	25.5
Health workers and doctors always talk about it	7	9.6	8	11.1	15	10.3
ASHAs offer them for free	4	5.5	6	8.3	10	6.9
Others	1	1.4	1	1.4	2	1.4
Reasons to disagree						
Difficult to use	15	20	12	24.5	27	21.8
Not available easily	10	13.3	3	6.1	13	10.5
It has side effects	71	94.7	44	89.8	115	92.7
Very few in our community use modern method	4	5.3	4	8.2	8	6.5
Others	3	4	3	6.1	6	4.8
Proportion of FLWs who agree with the following statements:						
Newlywed couples with no children should use family planning to avoid or delay a pregnancy	114	77	107	88.4	221	82.2
Women should not visit a health facility without their husband's permission	89	60.1	74	61.2	163	60.6
Women should never use family planning without their husband's permission	102	68.9	87	71.9	189	70.3
A man who lets his wife use contraception will lose control over her	30	20.3	16	13.2	46	17.1
A newlywed couple that does not want children right away is not normal	76	51.4	39	32.2	115	42.8
Only when a woman has a child, she becomes a real woman	107	72.3	79	65.3	186	69.1
If a woman wants to avoid pregnancy, it is her responsibility alone to prevent the pregnancy	11	7.4	8	6.6	19	7.1
Pregnancy at young age (before 18 years) may lead to several health complications	146	98.7	117	96.7	263	97.8
It is better to have more sons than daughters in a family	49	33.1	25	20.7	74	27.5
A couple should decide together how many children to have	148	100	120	99.2	268	99.6
It is okay if a married woman never wants to have a child	9	6.1	3	2.5	12	4.5

Proportion of FLWs who agree with the following statements:						
Contraceptives may cause disabilities/birth defects in children						
Agree	16	10.8	17	14.1	33	12.3
Disagree	118	79.7	96	79.3	214	79.6
Don't know/Cant say	14	9.5	8	6.6	22	8.2
Never heard about contraceptive	0	0	0	0	0	0
Using contraceptives can cause a woman to be infertile						
Agree	26	17.6	19	15.7	45	16.7
Disagree	117	79.1	97	80.2	214	79.5
Don't know/Cant say	5	3.4	5	4.1	10	3.7
Never heard about contraceptive	0	0	0	0	0	0
An IUCD can move deep inside a woman and may hurt her						
Agree	78	52.7	65	53.7	143	53.2
Disagree	63	42.6	53	43.8	116	43.1
Don't know/Cant say	6	4.1	3	2.5	9	3.4
Never heard about contraceptive	1	0.7	0	0	1	0.4
Contraceptives are dangerous to women's health						
Agree	72	48.7	56	46.3	128	47.6
Disagree	75	50.7	65	53.7	140	52
Don't know/Cant say	1	0.7	0	0	1	0.4
Never heard about contraceptive	0	0	0	0	0	0
Using contraceptives before first birth causes infertility						
Agree	44	29.7	34	28.1	78	29
Disagree	100	67.6	83	68.6	183	68
Don't know/Cant say	4	2.7	4	3.3	8	2.9
Never heard about contraceptive	0	0	0	0	0	0
Regular contraceptives use can make men impotent						
Agree	26	17.6	18	14.9	44	16.4
Disagree	107	72.3	94	77.7	201	74.7
Don't know/Cant say	15	10.1	9	7.4	24	8.9
Never heard about contraceptive	0	0	0	0	0	0
Proportion of married women in their community who they think:						
~ use a modern contraceptive						
None	11	7.4	12	9.9	23	8.6
Some	72	48.7	52	43	124	46.1
Many	44	29.7	39	32.2	83	30.9
Most	10	6.8	14	11.6	24	8.9
No idea	11	7.4	4	3.3	15	5.6
~ can decide when they want to use contraception						
None	25	16.9	35	28.9	60	22.3

Some	74	50	60	49.6	134	49.8
Many	31	20.9	17	14.1	48	17.8
Most	4	2.7	3	2.5	7	2.6
No idea	14	9.5	6	4.9	20	7.4
~use a traditional contraceptive						
None	13	8.8	14	11.6	27	10.1
Some	82	55.4	66	54.5	148	55
Many	26	17.6	20	16.5	46	17.1
Most	7	4.7	8	6.6	15	5.6
No idea	20	13.5	13	10.7	33	12.3
Proportion of newlywed couples in their community who they think use a modern contraceptive						
None	48	32.4	34	28.1	82	30.5
Some	67	45.3	54	44.6	121	44.9
Many	11	7.4	17	14.1	28	10.4
Most	0	0	4	3.3	4	1.5
No idea	22	14.9	12	9.9	34	12.6
Proportion of MILs in their community who they think encourage young and newlywed couples to use a modern contraceptive						
None	77	52	66	54.5	143	53.2
Some	59	39.9	41	33.9	100	37.2
Many	7	4.7	5	4.1	12	4.5
Most	0	0	1	0.8	1	0.4
No idea	5	3.4	8	6.6	13	4.8
Proportion of FLWs who agree with the following statements about their community						
It is expected for newly married couples to have a child soon after marriage	131	88.5	101	83.5	232	86.3
It is expected for all married couples to have children	144	95.9	118	97.5	262	97.4
People feel a lot of pity for married couples who are unable to have children	142	95.9	117	96.7	259	96.3
People speak badly of married men who have not had a child after two or more years of marriage	114	77	77	63.6	191	71
People speak badly of married women who have not had a child after two or more years of marriage	138	93.2	97	80.2	235	87.4
People will think there are marital or health problems if a couple has not had a child after two or more years of marriage	145	97.9	115	95.1	260	96.7
It is unacceptable for couples to choose not to have child	134	90.5	106	87.6	240	89.2
It is common to ask married couples without a child when they will have children	128	86.5	98	81	226	84
Those women who do not give birth to a son are humiliated/disrespected	128	86.5	75	61.9	203	75.5

Table 3: Results for community leaders/influencers

Indicators	Godda (N =72)		Ujjain (N=107)		Total (N=179)	
	n	%	n	%	n	%
Personal Information						
Type of respondent						
Community resource person	2	2.8	0	0	2	1.1
Panchayat Pradhan	5	6.9	27	25.2	32	17.9
Panchayat/ward member	34	47.2	43	40.2	77	43
School teacher	9	12.5	7	6.5	16	8.9
Private tutor	0	0	2	1.9	2	1.1
RMP	7	9.7	2	1.9	9	5
Qualified doctor	0	0	1	.9	1	0.6
Priest	0		2	1.9	2	1.1
ASHA's husband	0	0	2	1.9	2	1.1
NGO Peer educator	1	1.4	0	0	1	0.6
Local political leader	7	9.7	0	0	7	5
Any other	7	9.7	19	17.8	26	14.5
Sex						
Male	45	62.5	34	31.8	79	44.1
Female	27	37.5	73	68.2	100	55.9
Age						
19-29 years	17	23.6	16	14.9	33	18.4
30-39 years	20	27.8	36	33.6	56	31.3
40-49 years	16	22.2	31	28.9	47	26.3
50-59 years	12	16.7	21	19.6	33	18.4
60+ years	7	9.7	3	2.8	10	5.6
Religion						
Hindu	50	69.4	105	98.1	155	86.6
Muslim	13	18.1	2	1.9	15	8.4
Christian	6	8.3	0	0	6	3.4
Buddhist	0	0	0	0	0	0
Sarna	3	4.2	0	0	3	1.7
Jain	0	0	0	0	0	0
Caste						
SC	7	9.7	28	26.2	35	19.6
ST	16	22.2	7	6.5	23	12.9
OBC	43	59.7	44	41.1	87	48.6
General	6	8.3	28	26.2	34	19

Can read and write						
Yes	64	88.9	73	68.2	137	76.5
No	8	11.1	34	31.8	42	23.5
Formal education						
Primary	0	0	3	4.1	3	2.2
Secondary	10	15.6	20	27.4	39	21.9
Higher secondary	38	59.4	29	39.7	67	48.9
Higher education	16	25	21	28.8	37	27
Lives in the village						
Yes	68	94.4	99	92.5	167	93.3
No	4	5.6	8	7.5	12	6.7
Have personal mobile						
Yes	66	91.7	66	61.7	132	73.7
No	6	8.3	41	38.3	47	26.3
Type of phone						
Smartphone	46	69.7	49	74.2	95	71.9
Feature phone	9	13.6	2	3	11	8.3
Basic phone	11	16.7	15	22.7	26	19.7
Current marital status						
Married	71	98.6	14	97.2	175	92.8
Unmarried	1	1.4	3	2.8	4	2.2
Age of wife at marriage						
<15 years	2	4.4	4	11.8	6	7.6
15-18 years	21	46.7	16	47.1	37	46.8
19-21 years	15	33.3	10	29.4	25	31.7
22-30 years	7	15.6	4	11.8	11	13.9
Own age at marriage						
<15 years	3	4.2	25	24.1	28	16
15-18 years	24	33.8	43	41.4	67	38.3
19-21 years	11	15.5	22	21.2	33	18.9
22-40 years	31	43.7	14	13.5	45	25.7
Don't know	2	2.8	0	0	2	1.1
Number of children						
No children	3	4.2	6	5.6	9	5
1 child	9	12.5	15	14	24	13.4
2 children	18	25	43	40.2	61	34.1

3 children	21	29.2	3	28.1	51	28.5
More than 4 children	21	29.2	13	12.2	34	19
Months after marriage pregnant for the first time						
Never became pregnant	1	3.7	4	5.5	5	5
Became pregnant before marriage	2	7.4	0	0	2	2
Became pregnant after marriage	24	88.9	69	94.5	93	93
Months after marriage wife became pregnant for the first time						
Never became pregnant	4	8.9	1	2.9	5	6.3
Became pregnant before marriage	2	4.4	0	97.1	2	2.5
Became pregnant after marriage	39	86.7	33	0	72	91.1
Information about village						
First visit by villagers during health problems						
RMP	49	68.1	82	76.6	131	73.2
Traditional healers	1	1.4	3	2.8	1	0.6
ASHA/AWW/ANM	2	2.8	0	0	5	2.8
Private doctor (MBBS/MD)	11	15.3	12	11.2	23	12.9
Depends on home remedies as much as possible	0	0	8	7.5	17	9.5
Other	9	12.5	0	0	0	0
No idea	0	0	2	1.9	2	1.1
Common health problems in the village						
Malaria	27	37.5	7	6.5	34	19
Brain malaria	4	5.6	0	0	4	2.2
Dengue	1	1.4	1	0.9	2	1.1
Cold/cough/fever	67	93.1	100	93.5	167	93.3
Kala Azar	4	5.6	0	0	4	2.2
Hatipaon/Filaria	4	5.6	0	0	4	2.2
Pneumonia	6	8.3	2	1.9	8	4.5
Jaundice/Pilia	5	6.9	1	0.9	6	3.4
Typhoid	30	41.7	3	2.8	33	18.4
Blood pressure	9	12.5	32	29.9	41	22.9
Blood sugar	8	11.1	28	26.2	36	20.1
Cancer	4	5.6	2	1.9	6	3.4
Any other	10	13.9	13	12.2	23	12.9
No idea	3	4.2	3	2.8	6	3.4
Advice Sought						
People come to you for seeking advice on health issues	43	59.7	28	26.2	71	39.7
People come to you for seeking advice on non-health issues such as family disputes, children's education, jobs, govt schemes, entitlements etc.	56	77.8	56	52.3	112	62.6

Ever given advice on family planning to anyone in this village or has anyone ever sought advice from you on family planning	29	40.3	23	21.5	52	29.1
Usually meet young newly married couples (either husband or wife or both) in this village	20	27.8	13	12.2	33	18.4
Young couples (either husband or wife or both) sought advice or suggestion on family planning	14	19.4	6	5.6	20	11.2
Family planning advice asked for						
About using a modern method	6	42.9	5	83.3	11	55
About the availability of a modern method	3	21.4	1	16.7	4	20
About any side effects of modern methods	4	28.6	2	33.3	6	30
About success of traditional methods	0	0	0	0	0	0
About STDs	0	0	0	0	0	0
About RTIs	2	14.3	0	0	2	10
About infertility or problems related to conceiving a child	1	7.1	0	0	1	5
About how they can delay first pregnancy	3	21.4	2	33.3	5	25
About how they can space between two births	6	42.9	3	50	9	45
About terminating a pregnancy	0	0	0	0	0	0
About how to have a male child	0	0	0	0	0	0
Any other	0	0	0	0	0	0
Story: Rani and Raju got married. She is 18 and wants to study further, in-laws want children						
Thoughts on the reasons Rani's in-laws want her to become a mother soon after marriage						
In-laws want to ensure that Rani is not infertile	23	31.9	14	13.1	37	20.7
In-laws are worried about others who may not like the delay	16	22.2	18	16.8	34	19
In-laws are worried late motherhood may create problem later in conception	17	23.6	35	32.7	52	29.1
Some elderly members may die before seeing their grandchild	38	52.8	53	49.5	91	50.8
If Rani becomes mother, she will have more attachment to the family	16	22.2	31	28.9	47	26.3
Rani will be more faithful to her husband	4	5.6	16	14.9	20	11.2
Others	9	12.5	20	18.7	29	16.2
Perception on what Rani should do						
Should honor her in-law's wish and try to become a mother	18	25	28	26.2	46	25.7
Should talk to them and convince them to complete her study	54	75	79	73.8	133	74.3
Rani's husband will support her decision to complete her studies and delay in pregnancy						
Yes	55	76.4	88	82.2	143	79.9
No	17	23.6	19	17.8	36	20.1
Perception on what Rani's own mother will ask Rani to do						
Ask her to follow her in-laws wish	36	50	43	40.2	79	44.1
Encourage her to delay her first pregnancy	36	50	64	59.8	100	55.9
Family planning method Rani should use if she wants to delay her pregnancy and her in-laws support her decision						

Traditional	19	26.4	32	29.9	51	28.5
Modern	53	73.6	75	70.1	128	71.5
Modern methods of contraceptives are much better than traditional contraceptives						
Agree	44	61.1	47	43.9	91	50.8
Disagree	28	38.9	60	56.1	88	49.2
Reasons to agree						
Provide more protection	31	70.5	33	70.2	64	70.3
Easily available	24	54.6	18	38.3	42	46.2
Easy to use	18	40.9	15	31.9	33	36.3
One can use intermittently as per the need/fashionable to use	6	13.6	8	17	14	15.4
Health workers and doctors always talk about it	3	6.8	2	5.3	5	5.5
ASHAs offer them for free	8	18.2	3	6.4	11	12.1
Others	1	2.3	4	8.5	5	5.5
Reasons to disagree						
Difficult to use	3	10.7	5	8.3	8	9.1
Not available easily	2	7.1	5	8.3	7	7.9
It has side effects	26	92.9	56	93.3	82	93.2
Very few in our community use modern method	2	7.1	1	1.7	3	3.4
Others	1	3.6	2	3.3	3	3.4
Proportion of FLWs who agree with the following statements:						
Newlywed couples with no children should use family planning to avoid or delay a pregnancy	52	72.2	77	71.9	129	72.1
Women should not visit a health facility without their husband's permission	31	43.1	70	65.4	101	56.4
Women should never use family planning without their husband's permission	46	63.9	85	79.4	131	73.2
A man who lets his wife use contraception will lose control over her	14	19.4	20	18.7	34	19
A newlywed couple that does not want children right away is not normal	25	34.7	34	31.8	59	32.9
Only when a woman has a child, she becomes a real woman	44	61.1	75	70.1	119	66.5
If a woman wants to avoid pregnancy, it is her responsibility alone to prevent the pregnancy	11	15.3	8	7.5	19	10.6
Pregnancy at young age (before 18 years) may lead to several health complications	67	93.1	102	95.3	169	94.4
It is better to have more sons than daughters in a family	24	33.3	34	31.8	58	32.4
A couple should decide together how many children to have	67	93.1	104	97.2	171	95.5
It is okay if a married woman never wants to have a child	6	8.3	8	7.5	14	7.8
Proportion of FLWs who agree with the following statements:						
Contraceptives may cause disabilities/birth defects in children						
Agree	19	26.4	28	26.2	47	26.3

Disagree	37	51.4	58	54.2	95	53.1
Don't know/Cant say	15	20.8	20	18.7	35	19.6
Never heard about contraceptive	1	1.4	1	0.9	2	1.1
Using contraceptives can cause a woman to be infertile						
Agree	14	19.4	38	35.5	52	29.1
Disagree	41	56.9	52	48.6	93	51.9
Don't know/Cant say	16	22.2	16	14.9	32	17.9
Never heard about contraceptive	1	1.4	1	0.9	2	1.1
An IUCD can move deep inside a woman and may hurt her						
Agree	27	37.5	64	59.8	91	50.8
Disagree	28	38.9	28	26.2	56	31.3
Don't know/Cant say	15	20.8	14	13.1	29	16.2
Never heard about contraceptive	2	2.8	1	0.9	3	1.7
Contraceptives are dangerous to women's health						
Agree	29	40.3	69	64.5	98	54.8
Disagree	31	43.1	33	30.8	64	35.8
Don't know/Cant say	11	15.3	4	3.7	15	8.4
Never heard about contraceptive	1	1.4	1	0.9	2	1.1
Using contraceptives before first birth causes infertility						
Agree	24	33.3	42	39.3	66	36.9
Disagree	32	44.4	48	44.9	80	44.7
Don't know/Cant say	15	20.8	16	14.9	31	17.3
Never heard about contraceptive	1	1.4	1	0.9	2	1.1
Regular contraceptives use can make men impotent						
Agree	11	15.3	27	25.2	38	21.2
Disagree	42	58.3	56	52.3	98	54.8
Don't know/Cant say	18	25	23	21.5	41	22.9
Never heard about contraceptive	1	1.4	1	0.9	2	1.1
Proportion of married women in their community who they think:						
~ use a modern contraceptive						
None	2	2.8	2	1.9	4	2.2
Some	36	50	37	34.6	73	40.8
Many	6	8.3	21	19.6	27	15.1
Most	4	5.6	8	7.5	12	6.7
No idea	24	33.3	39	36.5	63	35.2
~ can decide when they want to use contraception						
None	9	12.5	13	12.2	22	12.3
Some	32	44.4	40	37.4	72	40.2
Many	3	4.2	13	12.2	16	8.9
Most	3	4.2	2	1.9	5	2.8

No idea	25	34.7	39	36.5	64	35.8
~use a traditional contraceptive						
None	3	4.2	5	4.7	8	4.5
Some	29	40.3	42	39.3	71	39.7
Many	8	11.1	14	13.1	22	12.3
Most	2	2.8	3	2.8	5	2.8
No idea	30	41.7	43	40.2	73	40.8
Proportion of newlywed couples in their community who they think use a modern contraceptive						
None	7	9.7	10	9.4	17	9.5
Some	25	34.7	38	35.5	63	35.2
Many	6	8.3	9	8.4	15	8.4
Most	4	5.6	4	3.7	8	4.5
No idea	30	41.7	46	43	76	42.5
Proportion of MILs in their community who they think encourage young and newlywed couples to use a modern contraceptive						
None	15	20.8	31	28.9	46	25.7
Some	18	25	27	25.2	45	25.1
Many	2	2.8	2	1.9	4	2.2
Most	1	1.4	1	0.9	2	1.1
No idea	36	50	46	43	82	45.8
Proportion of FLWs who agree with the following statements about their community						
It is expected for newly married couples to have a child soon after marriage	58	80.6	83	77.6	141	78.8
It is expected for all married couples to have children	64	88.9	99	92.5	163	91.1
People feel a lot of pity for married couples who are unable to have children	67	93.1	101	94.4	168	93.9
People speak badly of married men who have not had a child after two or more years of marriage	54	75	72	67.3	126	70.4
People speak badly of married women who have not had a child after two or more years of marriage	64	88.9	90	84.1	154	86
People will think there are marital or health problems if a couple has not had a child after two or more years of marriage	66	91.7	102	95.3	168	93.9
It is unacceptable for couples to choose not to have child	51	70.8	89	83.2	140	78.2
It is common to ask married couples without a child when they will have children	56	77.8	91	85.1	147	82.1
Those women who do not give birth to a son are humiliated/disrespected	46	63.9	67	62.6	113	63.1



Family Planning Norms and Practices among Young Wives in Rural India. PCIIndia. 2024
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